

Rosebud Sioux Tribe Mental Health Resources

Your Mental Health Matters.....Children's Mental Health Matters Too!

Sinte Gleska University Tiwahe Glu Kini Pi "Bringing the Family Back to Life"

Offers trauma focused services to children, ages 3 to 21 years old and their families, who experience serious, emotional, behavioral and spiritual issues (SEBD.) Offers Traditional Lakota & Contemporary Therapy (Individual, Group, Family, Inipi, Lowanpi etc.) School Based Individual therapy @ TCES, TCMS, & SFIS; Equine Assisted Mental Health working with the Sunkawakan Oyate (Horse Nation); Wrap-Around Care-Coordination to address the holistic needs of recovering Native youth & families; Traditional Lakota men's & women's teachings; Transportation & Flex funds for unmet needs; Positive Indian Parenting classes; and Therapy for children and their families for problematic sexual behavior.

For referrals during Covid pandemic call Kelsey at: (605) 856-8163
Marlies White Hat (605) 856-8203
PO Box 105 Mission, SD 57555

Tokala Inajiyo Suicide Prevention Mentoring Program

Train youth & families in Life Skills, teaching individuals how to make healthy decisions, Crisis response team that intervenes when there is a sudden death or suicide in the community, Conduct Depression screening on individuals referred to the program also refers out to IHS Behavioral Health. TISPMP currently has 105 peer monitors which they meet with monthly & conduct prevention activities and QPR Trainings (Question, Persuade, Refer.) Mission is to reduce suicidal behaviors & save lives by providing innovative, practical proven suicide prevention training.

Jessica Two Eagle (605) 856-2587
Bristow Ranch Mission, SD 57555

White Buffalo Calf Woman Society 24-hr Crisis Response/Our House

Lakota Mental Health Toolkits given to Relatives, Lakota Cultural Interventions can be arranged, Support Groups, Legal Advocacy, Case Management for In shelter services, C'awic'a Tunpi Wic'ohan Lakota Naming Ceremonies to strengthening one's identity & sense of self.

24-Hr Crisis Response (605) 856-2317 **Our House (605) 856-2252**
PO BOX 227 Mission, SD 57555

Wanbli Wiconi Tipi-Juvenile Detention Center

Offering Inipi, Education, Fitness Routine, Lakota Cultural Classes, Daily Prayer Circle, Lakota Arts & Crafts. Community Service, Lakota Cultural classes (History, Language & Values) for residents of facility.

Pat Bad Hand (605) 856 8701 **US-18 Rosebud, SD 57555**

Southern Behavioral Health Services

Southern Plains Children's counseling services assist families with the sensitive issues of child and adolescent behavior. This program provides mental health services to children with Serious Emotional Disturbance (SED). Therapists help promote change and understanding for those struggling with trauma, conduct disorders, anger, discipline, attention deficit disorders, educational challenges, depression and other social and emotional life needs. Offers individual/ Family Counseling Services, Outpatient Services, Trauma Focused Cognitive therapy (TF-CBT)

Mission Office (605)856-4631 **153 S. Main St. Mission, SD 57555**

Rosebud Sioux Tribe Alcohol & Drug Treatment Program

Provides Alcohol and Drug Evaluations, Alcohol and Drug Treatment and Alcohol and Drug Education.

Marcida Eagle Bear (605) 747-2342
P.O. Box 348 #7 Hospital Lane **Rosebud, SD 57570**

Rosebud Sioux Tribe Meth Treatment Program

Provides Evaluation and Treatment for Methamphetamines
 Director-Skylla Two Eagle Supervisor-Denise Casillas
Ph. 605-747-2320 **P.O. Box 719 Rosebud, SD 57570**

Reinders Counseling Service

Ph. 402-389-0339 **132 N. Main Street Mission, SD 57555**
reinderscounseling@gmail.com

Appointments available by phone call or email

Wiconi Wakan Health & Healing Center

Offering services to 7 and older

Rosebud Sioux Tribe Suicide & Crisis Support Line (605 319 1280)

-Mental health services for anyone suffering from depression, PTSD, anxiety and grief

-Individual support from our mental health specialists

-We offer screening for suicidal ideation

-Provide support for Veterans

-Crisis response team to support families when a there is an unexpected death or suicide in the community

-QPR Training: Question, Persuade, Refer which offers the local community at large to get training on how to work with someone is who is experiencing ideation and provide them with local resources for support

-Community outreach in local area schools

-LGBTQ + Allies Support Group, begins in May 2021

-Survivors of Suicide Support Group for survivors and their families (May 2021)

-Anger Management (May 2021)

-Talking Circles in the Juvenile Detention Center, Adult Corrections and Homeless Shelters

Crisis line (605) 319-1280 **PO BOX 719 Rosebud, 57570**

Maternal Child & Health/RST Project LAUNCH Substance Abuse and Mental Health Services

Offers services to Prenatal/Post-partum women & infants from birth to 8 years of age, including case management, family planning, home-based education, & local transportation for clients. RST Project LAUNCH provides services for families & children from birth to 8 years of age, including case management, education & outreach to resources, including Mental Health for the relative and family.

Sandra Wilcox (605)856 2990
PO BOX 1076 Mission, SD 57555

Rosebud Sioux Tribe IHS Behavioral Health

Serious Behavioral Health issue such as substance use disorders, mental health disorders, suicide, violence & behavior related chronic diseases have a profound impact on the health of American Indian individuals, families & communities. IHS Behavioral health addresses these issues & promotes the Indian health care system focus on integrating behavioral health/primary care treatment, while respecting the balance, wellness, & resilience of American Indian people.

Dr. Hill, Angela Carlos, & John Cochran (605)747 2231
18 Solider Creek Dr. Rosebud, SD 57570

RST Youth Homeless Shelter

Provides shelter and services for Homeless Youth
 Bobbi Busch, Office Mgr. Skylla Fast Horse, Director
 Located at old PMO site on Hwy 18
Ph. 605-856-2537 O **605-319-6681 C**

National Alliance on Mental Illness (NAMI) Helpline

The NAMI Helpline is a free, nationwide peer-support service providing information, resource referrals and support to people living with mental health conditions, their family members and caregivers, mental health providers and the public. Available from 10:00 a.m. to 6:00 p.m., ET,
1-800-950-6264 (NAMI) Monday thru Friday

Local Helpline Suicide Prevention

Call or text (605-319-1280)

Available 24/7 Free and Confidential