

## Rosebud Sioux Tribe Mental Health Resources

### Your Mental Health Matters.....Children's Mental Health Matters Too!

#### Sinte Gleska University Tiwahe Glu Kini Pi "Bringing the Family Back to Life"

Offers trauma focused services to children, ages 3 to 21 years old and their families, who experience serious, emotional, behavioral and spiritual issues (SEBD.) Offers Traditional Lakota & Contemporary Therapy (Individual, Group, Family, Inipi, Lowanpi etc.) School Based Individual therapy @ TCES, TCMS, & SFIS; Equine Assisted Mental Health therapy working with the Sunkawakan Oyate (Horse Nation); Wrap-Around Care-Coordination to address the holistic needs of recovering Native youth & families; Traditional Lakota men's & women's teachings; Transportation & Flex funds for unmet needs; Positive Indian Parenting classes; and Therapy for children and their families for problematic sexual behavior.

**For referrals during Covid pandemic call Kelsey at: (605) 840-8110**  
 Marlies White Hat (605) 856-8163  
 PO Box 105 Mission, SD 57555

#### Tokala Inajiyo Suicide Prevention Mentoring Program

Train youth & families in Life Skills, teaching individuals how to make healthy decisions, Crisis response team that intervenes when there is a sudden death or suicide in the community, Conduct Depression screening on individuals referred to the program also refers out to IHS Behavioral Health. TISPMP currently has 105 peer monitors which they meet with monthly & conduct prevention activities and QPR Trainings (Question, Persuade, Refer.) Mission is to reduce suicidal behaviors & save lives by providing innovative, practical proven suicide prevention training.

**Jessica Two Eagle (605) 856-2587**  
 Bristow Ranch Mission, SD 57555

#### White Buffalo Calf Woman Society 24-hr Crisis Response/Our House

Lakota Mental Health Toolkits given to Relatives, Lakota Cultural Interventions can be arranged, Support Groups, Legal Advocacy, Case Management for In shelter services, C'awic'a Tunpi Wic'ohan Lakota Naming Ceremonies to strengthening one's identity & sense of self.

**24-Hr Crisis Response (605) 856-2317 Our House (605) 856-2252**  
 PO BOX 227 Mission, SD 57555

#### Wanbli Wiconi Tipi-Juvenile Detention Center

Offering Inipi, Education, Fitness Routine, Lakota Cultural Classes, Daily Prayer Circle, Lakota Arts & Crafts. Community Service, Lakota Cultural classes (History, Language & Values) for residents of facility.

**Pat Bad Hand (605) 856 8701 US-18 Rosebud, SD 57555**

#### Native Connections

Lakota Mental Health Trainings, Promoting & Referring individuals/families to Cultural Teachings, Practices, & Ceremonies; Creating a Sicangu Mental Health Toolkit and provides a Resource Directory for services "Red Pages."

**Rikki Spotted Tail (605) 856-8224**  
 101 Antelope Circle Antelope, SD 57555

#### Southern Behavioral Health Services

Southern Plains Children's counseling services assist families with the sensitive issues of child and adolescent behavior. This program provides mental health services to children with Serious Emotional Disturbance (SED). Therapists help promote change and understanding for those struggling with trauma, conduct disorders, anger, discipline, attention deficit disorders, educational challenges, depression and other social and emotional life needs. Offers individual/ Family Counseling Services, Outpatient Services, Trauma Focused Cognitive therapy (TF-CBT)

**Mission Area Office (605)856-4631**  
 153 S. Main St. Mission, SD 57555

#### St. Francis Mission Suicide & Crisis Line

**Message: Facebook: St. Francis Mission Suicide & Crisis Line**  
**Caroline Decory (605) 747-2361**  
 350 S. Oak Street St. Francis, SD 57572

#### Wiconi Wakan Health & Healing Center

QPR Certified staff can facilitate trainings on suicide prevention to any school, organization & provide community level screenings and referrals. Mental Health Specialists provides therapeutic service to individuals & families, Aftercare services/ Post-vention Services, Mental/ Spiritual support for those who need services.

**Ann Valandra (605)747-2777**  
 PO BOX 719 Rosebud, 57570

#### Maternal Child & Health/RST Project LAUNCH Substance Abuse and Mental Health Services

Offers services to Prenatal/Post-partum women & infants from birth to 8 years of age, including case management, family planning, home-based education, & local transportation for clients. RST Project LAUNCH provides services for families & children from birth to 8 years of age, including case management, education & outreach to resources, including Mental Health for the relative and family.

**Sandra Wilcox (605)856 2990 Victoria Moran (605)856 8195**  
 PO BOX 1076 Mission, SD 57555

#### Sicangu MVP

Sicangu MVP is a program of White Buffalo Calf Society. This community based program helps young males (10 -18 years of age) and their families through a healing process when they have been exposed or are direct victims of violence in our communities.

**Gunner Krogman (605) 856 2252**  
 P.O BOX 227 Mission, SD 57555

#### Rosebud Sioux Tribe Alcohol & Drug Treatment Program

Provides Alcohol and Drug Evaluations, Alcohol and Drug Treatment and Alcohol and Drug Education.

**Marcida Eagle Bear (605) 747-2342**  
 P.O. Box 348 #7 Hospital Lane Rosebud, SD 57570

#### Rosebud Sioux Tribe IHS Behavioral Health

Serious Behavioral Health issue such as substance use disorders, mental health disorders, suicide, violence & behavior related chronic diseases have a profound impact on the health of American Indian individuals, families & communities. IHS Behavioral health addresses these issues & promotes the Indian health care system focus on integrating behavioral health/primary care treatment, while respecting the balance, wellness, & resilience of American Indian people.

**Dr. Hill, Angela Carlos, & John Cochran (605)747 2231**  
 18 Solider Creek Dr. Rosebud, SD 57570

#### National Resource Hotlines

##### Administration (SAMHSA) Helpline

SAMHSA's National Helpline is a free, confidential, treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. Available 24/7, 365/ year.  
**1-800-662-HELP (4357)**

##### National Alliance on Mental Illness (NAMI) Helpline

The NAMI Helpline is a free, nationwide peer-support service providing information, resource referrals and support to people living with mental health conditions, their family members and caregivers, mental health providers and the public. Available from 10:00 a.m. to 6:00 p.m., ET,  
**1-800-950-6264 (NAMI) Monday thru Friday**

#### Local Helpline

**Suicide Prevention Helpline:** If you or a loved one needs to talk, call the SFM, **Suicide Crisis Hotline: Call or text 605-319-1280**  
 Available 24/7. Confidential, Free.

