

Video Telehealth Therapy

Ideal for:

- Those at home during COVID19 pandemic.
- Those with busy schedules or unreliable transportation.
- People who live in a rural area within minimal access to therapy resources.
- People with physical challenges that make traveling difficult.
- Those who prefer the privacy of not going into an office.

What Happens in Teletherapy?

Think FaceTime or Skype! We use a HIPAA compliant teleconferencing platform. Both the therapist and the client will be visible on screen via a camera and the therapist may use “screen share” to display documents/activities/games/videos. These activities might be shown in digital format but are the same as the materials that would be presented in our face-to-face/tabletop sessions.

Telehealth Therapy Service

“Telehealth is a secured videoconferencing method allowing therapists and clients to have sessions remotely when circumstances prevent in person sessions.”

Therapy is cool.
Therapy is cool.
Therapy is cool.
Therapy is cool.
Therapy is cool.
Therapy is cool.
Therapy is cool.



Tiwahe Glu
Kini Pi
“Bringing
the Family
Back to
Life”



Benefits of Online Therapy

- Meet with your therapist from home or school
- Continuity of your child's care
- Safe & Effective
- Private & Secure
- Just as excellent as in-clinic therapy



Where & Who are Using Teletherapy?

- Mental Health Counselors/Therapists
- Schools
- Speech-Language Pathologists
- Occupational Therapists
- Physical Therapists
- Doctors

What Do I Need for Teletherapy?

If you have a computer/laptop with a microphone & camera, or a smartphone and a strong internet connection you are set!

Checklist for Caregivers

- Find seating that works for your child in a private place in home
- Set-up your computer
- Do practice log in sessions
- Have a drink/water ready (all this talking may make you thirsty!)



Video Therapy

Not Ideal for:

- Those living out of state.
- People who are not comfortable with or do not trust technology.
- People in an abusive situation that need access to local resources.
- Those without access to reliable internet.
- People feeling suicidal or who have recently attempted suicide

What to know about insurance coverage:

Medicaid: State Medicaid plans cover teletherapy.

Medicare: Medicare has waived many of its restrictions on telehealth during the COVID-19 Public Health Emergency.

Private: Insurance coverage for teletherapy varies considerably from state to state, & by insurance plan.